

# LIL' & TINY RAMS

## TINY RAMS TIMES OCTOBER 2019

### Hello!

Oh boy, we sure are eagerly anticipating the arrival of fall weather! September was a busy, HOT month. Preschool enjoyed visits to the library and Vala's Pumpkin Patch! We loved celebrating our amazing grandparents at our grandparent's day party; thank-you to everyone who was able to attend! We learned all about apples and even got to taste red, yellow, and green ones to find out which we like the best. We also experienced many different sports and listened to the Husker Fight Song! This month we are amped to learn about fire safety, fall/pumpkins, and Halloween! As a reminder, please keep your child home if they have a fever of 100 degrees or higher, vomiting, diarrhea, and unexplained rash or irritation. Children may return to school once they have been symptom free for 24 hours without the aid of medication.

Did you know October is National RSV Awareness Month? RSV is a very common and dangerous virus that infects the respiratory tract of most children before they turn two and it is very contagious. Most children and infants who get the infection get nothing more than a cold, but it can be life-threatening for a small percentage. It is most common for it to become more severe for babies born prematurely, children under 2 born with heart or lung disease, infants with weakened immune systems, and children 8-10 weeks old. Symptoms include: trouble/rapid breathing, cough producing yellow, green, or gray mucous, being upset or inactive, and sudden refusal to eat. If your child is very tired, breathing rapidly, or has a blue tint to his or her lips/fingernails, seek medical help immediately.

- **Your Tiny Rams Team**

### THEMES:

"Fire Safety, Pumpkins/Fall, Halloween"

### SAVE THE DATE:

Oct. 3rd – Family Fun Night @ RHS cafeteria 6-7pm

Oct. 31<sup>st</sup>- Halloween Party  
2:30-4pm

### CLOSINGS:

Nov. 27-29<sup>th</sup>

### BIRTHDAYS:

Oct. 3<sup>rd</sup> – James  
Oct. 28<sup>th</sup> - Enzo

### REMINDERS:

Please be sure to have your child wash their hands upon arrival each day!

### STAFF DEVELOPMENT:

**CPR/1<sup>st</sup> Aid-** Katie, Emily, Shelby, Brooklyn, Meghan, Jordan & Anesa

**ELG: Creative Arts-** Hadassah

**ELG: Health & Phys. Dev.-** Kalli

**Safe With You-** Meghan

Ralston  
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# CLASSROOM HAPPENINGS

## Infants

**Teachers: Megan, Shelby & Brooklyn**

Boo! It's the month of October, which means we get to learn about fire safety, fall/pumpkins, and Halloween! This month we will do lots of outdoorsy activities including: a nature walk to count how many different colored leaves on a tree, playing in leaf piles, and enjoying the cool weather of fall. We will read lots of books related to the themes of the month and sing fun songs like "Zombie Finger Family." We babies LOVE to get messy so we will explore the inside of a pumpkin, do some fire finger painting, and do some fun Halloween crafts.

All ages in our room will really work on their social and emotional development this month. Some of our younger friends will continue to work on putting themselves to sleep (which they've been doing really well!), our middle friends might start to eat food, which means we will start learning how to wash our hands at the sink. Lastly, our oldest friends will learn new body parts and how to use them correctly (i.e gentle HANDS, MOUTH is for eating, FEET are for walking).



*Babies exploring "APPLE sink or float" science activity!*



*"7 APPLES tall!"*

## Infant/Toddlers

**Teachers: Kalli & Meghan B.**

This month we will learn all about fire safety! We will dress up as firefighters, put out pretend fires and even make a class thank you card to send to the Ralston Fire dept. Since Halloween is at the end of this month we will play in Halloween slime with spiders and pumpkins, explore pumpkin guts, feed monsters, make pumpkin volcanoes, and do a monster stomp!

We will practice using walking feet during fire drills and staying close to our teachers. Since we will trick or treat around the school on Halloween, we will spend all month practicing saying "please" and "thank you" in preparation.

# CLASSROOM HAPPENINGS

## Toddlers

**Teachers: Hadassah & Heather**

In September we loved to read "Chicka Chicka Boom Boom" and sing "We are the Dinosaurs." The month of October is going to be super exciting as we explore the changes going on in nature, practice our fire safety, and celebrate Halloween. This month we will go on nature walks to collect items for some fun fall science experiments and crafts. We will explore why leaves change colors with a fun science experiment using leaves we collect, and watch some magical corn dance. Our class will be full of fun Halloween art, be looking out for some ghosts, pumpkins, spiders, and Franksteins.

Since Halloween is this month the toddlers will be working on trick or treating safety, as well as using our manners when we are out showing off our costumes and collecting our treats. Fire safety is also part of October and the toddlers will work on what to do in case of a fire and practice our fire crawl. We will also make a Thank you card to send to our Ralston Fire Dept.



*Toddlers baked their very own APPLE PIE, yum!*

## Preschool

**Teachers: Emily (Miss E), Shannon & Brooklyn**

We are excited to enjoy some fall activities! This month we will learn about changes in the weather and how trees are different in the fall. We will explore many different pumpkins and have fun turning them into jack o'lanterns. Our class will also learn about fire safety and how to "stop drop and roll." We will have a field trip to the library to see a special visitor from the Ralston Fire Department.

This month we are working on how we can take care of our bodies by eating healthy food and washing our hands and properly wiping our noses. We will also practice covering our coughs and sneezes in our elbows. We will practice being safe while we are trick or treating and make sure to use our manners and say "Please" and "Thank you!"

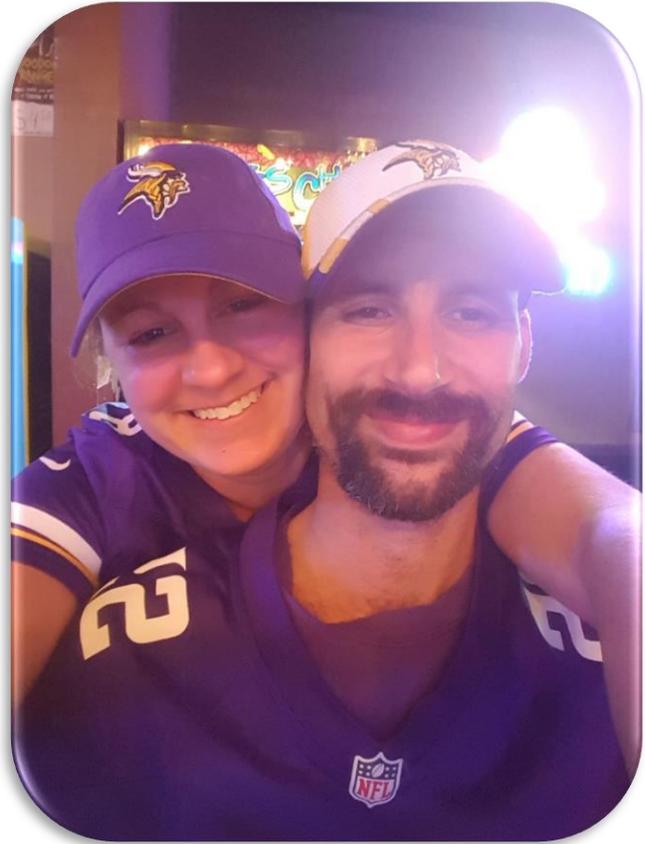


*Preschool friends at Vala's new APPLE orchard exhibit!*

# STAFF BIO OF THE MONTH

## Heather

"My favorite part about working here is watching the toddlers learn about new experiences. I also love the family type atmosphere!"



Hello, I'm Heather, teacher in the toddler room! I just joined the Tiny Rams team, but have worked in child care for seven years. I also have worked as a Sped Para for five years. I am a graduate of Omaha North High School. You can reach me at [heather.krein@ralstonschools.org](mailto:heather.krein@ralstonschools.org)

My husband, Wes, and I have two beagles. When I'm not working, I like to play sand volleyball, read, and walk my dogs!

### SOME OF MY FAVORITE THINGS:

Movie: "Star Wars" T.V. Show: "Ghost Adventures"

Season: Fall (Football Time!)

Vacation Spot: Disney World

Holiday: Christmas

Drink: Tea or Coffee

Color: Purple

Food: Pasta

Book: Hunger Games

# STAFF BIO OF THE MONTH

## Anesa

"The best thing about working here is working with the kids and getting to know them better!"



Hi, I'm Anesa and I float between all of the classrooms! I just started working here, but I worked at another center before this. I am a senior at Ralston High School. You can reach me at [20aespinoza@ralstonschools.org](mailto:20aespinoza@ralstonschools.org)

I have my two brothers, mom, and dad in my family. When I'm not at work or studying, I like to hang out with my friends and family, play softball, and go shopping.

## SOME OF MY FAVORITE THINGS:

Movie: "Oceans 8"      T.V. Show: "American Horror Story"

Season: Fall      Vacation Spot: San Diego

Holiday: Thanksgiving      Drink: Sprite

Color: Blue      Food: Chicken Alfredo      Book: A Child Called It

# STAFF BIO OF THE MONTH

## Jordan

"I love playing and working with the kids and putting smiles on their faces!"



Hey, I'm Jordan and I work in the toddler room in the mornings. I started working for Tiny Rams at the beginning of the school year. I also work for Lil' Rams. I am currently a junior at Ralston High School. You can reach me at [21jblair@ralstonschools.org](mailto:21jblair@ralstonschools.org).

I have 2 brothers, mom and dad in my family. I am in the Boy Scouts and getting close to becoming an Eagle Scout! I like to play racquetball and curling.

## SOME OF MY FAVORITE THINGS:

Movie: "Ride Along"      T.V. Show: "SWAT"

Season: Summer

Vacation Spot: Florida

Holiday: Thanksgiving

Drink: Sprite

Color: Red

Food: Pasta

Book: The Lightning Thief

# WAYS TO CONNECT

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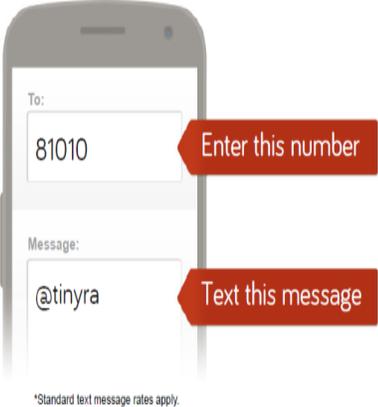
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