

# Tiny Rams October, 2024

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
	<u>Breakfast</u> Cereal & String Cheese Fruit Milk <u>Lunch</u> Meatball Sub Green Beans Fruit, Milk <u>Snack</u> Banana & Choc Chips <u>Snack</u> Chicken Salad Sandwich	<u>Breakfast</u> Apple Frudel Fruit Milk <u>Lunch</u> Beefy Macaroni Mixed Veggies Fruit, Milk <u>Snack</u> Sunbutter Wrap <u>Snack</u> Raisin Bread & Cheese	<u>Breakfast</u> Cereal & Toast Fruit Milk <u>Lunch</u> Grilled Cheese Broccoli Fruit, Milk <u>Snack</u> Focaccia & Ham <u>Snack</u> Donut Holes & Yogurt	<u>Breakfast</u> Yogurt & Grahams Fruit Milk <u>Lunch</u> Pepperoni Pizza Peas Fruit, Milk
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<u>Breakfast</u> Breakfast Cookie Fruit Milk <u>Lunch</u> Hamburger Baked Beans Fruit, Milk <u>Snack</u> Dried Fruit & Cereal <u>Snack</u> Fruit Smoothie	<u>Breakfast</u> Cereal & String Cheese Fruit Milk <u>Lunch</u> BBQ Rib Sandwich Corn Fruit, Milk <u>Snack</u> Cot Cheese & Turkey <u>Snack</u> Fig Newton & Sherbet	<u>Breakfast</u> Muffin & Yogurt Fruit Milk <u>Lunch</u> Popcorn Chicken Cucumbers Fruit, Milk <u>Snack</u> Turkey Wrap <u>Snack</u> Pudding & Fruit	<u>Breakfast</u> Cereal & Toast Fruit Milk <u>Lunch</u> Chicken Parm Pasta Green Beans Fruit, Milk <u>Snack</u> Flatbread & Cheese <u>Snack</u> Applesauce Jello & Muffin	<u>Breakfast</u> Berry French Toast Fruit Milk <u>Lunch</u> Hot Turkey & Cheese Sandwich Oven Fries Fruit, Milk
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<u>Breakfast</u> Cook's Choice Fruit Milk <u>Lunch</u> Cook's Choice  Fruit, Milk <u>Snack</u> Hummus Wrap <u>Snack</u> Blueberry Muffin & Yogurt	<u>Breakfast</u> Cook's Choice Fruit Milk <u>Lunch</u> Cook's Choice  Fruit, Milk <u>Snack</u> Turkey & Veggie Juice <u>Snack</u> Raisin Bread & Cheese	<u>Breakfast</u> Egg & Cheese Muffin Fruit Milk <u>Lunch</u> Spaghetti & Meatballs Mixed Veggies Fruit, Milk <u>Snack</u> Sunbutter Wrap <u>Snack</u> Ham Sandwich	<u>Breakfast</u> Cereal & Yogurt Fruit Milk <u>Lunch</u> Popcorn Chicken Broccoli Fruit, Milk <u>Snack</u> Tortillas and Avocado <u>Snack</u> Donut Holes & Yogurt	<u>Breakfast</u> Mini Pancakes Fruit Milk <u>Lunch</u> Teriyaki Pork & Rice Peas Fruit, Milk
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<u>Breakfast</u> Cinni Mini Fruit Milk <u>Lunch</u> Crispy Chicken Sandwich Baked Beans Fruit, Milk <u>Snack</u> RK Treat & Fruit <u>Snack</u> Corn Muffin & Cottage Chz	<u>Breakfast</u> Cereal & Toast Fruit Milk <u>Lunch</u> Baked Penne Carrots Fruit, Milk <u>Snack</u> Turkey Sandwich <u>Snack</u> Pudding & Fruit	<u>Breakfast</u> Sausage Cheese Muffin Fruit Milk <u>Lunch</u> Beef & Cheese Burrito Refried Beans Fruit, Milk <u>Snack</u> Soft Pretzel & Cheese <u>Snack</u> Fig Newton & Sherbet	<u>Breakfast</u> Cereal & Yogurt Fruit Milk <u>Lunch</u> Cheeseburger Oven Fries Fruit, Milk <u>Snack</u> Flatbread & Cucs <u>Snack</u> Fruit & Cheese	<u>Breakfast</u> Muffin & Yogurt Fruit Milk <u>Lunch</u> Hot Ham & Cheese Sandwich Corn Fruit, Milk
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
<u>Breakfast</u> Cherry Frudel Fruit Milk <u>Lunch</u> Popcorn Chicken Cucumbers Fruit, Milk <u>Snack</u> Tortillas & Salsa <u>Snack</u> Blueberry Muffin & Turkey	<u>Breakfast</u> Cereal & Yogurt Fruit Milk <u>Lunch</u> Beef Philly Sandwich Broccoli Fruit, Milk <u>Snack</u> Banana & Choc Chips <u>Snack</u> Chicken Salad Sandwich	<u>Breakfast</u> Mini Bagels Fruit Milk <u>Lunch</u> Beef Taco Shredded Lettuce, Salsa Fruit, Milk <u>Snack</u> Sunbutter Wrap <u>Snack</u> Raisin Bread & Cheese	<u>Breakfast</u> Cereal & Toast Fruit Milk <u>Lunch</u> Chicken Parmesan Cauliflower Fruit, Milk <u>Snack</u> Focaccia & Ham <u>Snack</u> Donut Holes & Yogurt	<u>Breakfast</u> Cook's Choice Fruit Milk <u>Lunch</u> Cook's Choice  Fruit, Milk