

Tiny Rams March, 2023

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| | | 1 | 2 | 3 |
|  | | <u>Breakfast</u> Mini Frnch Toast Fruit Milk <u>Lunch</u> Rst Chicken/Gravy Mashed Potato, Roll Fruit, Milk <u>Snack</u> Soft Pretzel & Cheese <u>Snack</u> Fig Newton & Sherbet | <u>Breakfast</u> Cereal & Toast Fruit Milk <u>Lunch</u> Popcorn Chicken Oven Fries Fruit, Milk <u>Snack</u> Flatbread & Tzatziki <u>Snack</u> Fruit & Cheese | <u>Breakfast</u> Mini Waffles Fruit Milk <u>Lunch</u> Spaghetti & Meatballs Roasted Broccoli Fruit, Milk |
| 6 | 7 | 8 | 9 | 10 |
| <u>Breakfast</u> Mini Bagels Fruit Milk <u>Lunch</u> Cheeseburger Corn Fruit, Milk <u>Snack</u> Tortillas & Salsa <u>Snack</u> Blueberry Muffin & Turkey | <u>Breakfast</u> Cereal Fruit Milk <u>Lunch</u> BBQ Pulled Pork/Roll Refried Beans/Chz Fruit, Milk <u>Snack</u> Banana & Choc Chips <u>Snack</u> Chicken Salad Sandwich | <u>Breakfast</u> Pop Tart & Yogurt Fruit Milk <u>Lunch</u> Grilled Cheese Baked Beans Fruit, Milk <u>Snack</u> Sunbutter Wrap <u>Snack</u> Raisin Bread & Cheese | <u>Breakfast</u> Cereal & Toast Fruit Milk <u>Lunch</u> Rst Beef/Gravy Mashed Potato/Roll Fruit, Milk <u>Snack</u> Focaccia & Hummus <u>Snack</u> Donut Holes & Yogurt | <u>Breakfast</u> Cook's Choice Fruit Milk <u>Lunch</u> Cook's Choice Fruit, Milk |
| 13 | 14 | 15 | 16 | 17 |
| <u>Breakfast</u> Mini Waffle Fruit Milk <u>Lunch</u> Beef Taco Shredded Lettuce, Salsa Fruit, Milk <u>Snack</u> Cot Cheese & Turkey <u>Snack</u> Fruit Smoothie | <u>Breakfast</u> Cereal Bar & Yogurt Fruit Milk <u>Lunch</u> Mac & Cheese Peas Fruit, Milk <u>Snack</u> Soft Pretzel & Spinach Dip <u>Snack</u> Fig Newton & Sherbet | <u>Breakfast</u> Muffin & Yogurt Fruit Milk <u>Lunch</u> Pepperoni Pizza Green Beans Fruit, Milk <u>Snack</u> Turkey Wrap <u>Snack</u> Pudding & Fruit | <u>Breakfast</u> Cereal & English Muffin Fruit Milk <u>Lunch</u> Crispy Chicken Sand Corn Fruit, Milk <u>Snack</u> Flatbread & Cheese <u>Snack</u> Applesauce Jello & Corn Muffin | <u>Breakfast</u> Egg & Chz Muffin Fruit Milk <u>Lunch</u> Hot Turkey & Chz Sandwich Broccoli Fruit, Milk |
| 20 | 21 | 22 | 23 | 24 |
| <u>Breakfast</u> Breakfast Cookie Fruit Milk <u>Lunch</u> Hamburger Oven Fries Fruit, Milk <u>Snack</u> Hummus Wrap <u>Snack</u> Blueberry Muffin & Yogurt | <u>Breakfast</u> Cereal & Toast Fruit Milk <u>Lunch</u> Cheese Pizza Carrots Fruit, Milk <u>Snack</u> Turkey & Veggie Juice <u>Snack</u> Ham Sandwich | <u>Breakfast</u> Pop Tart & Yogurt Fruit Milk <u>Lunch</u> Ham Pineapple Flatbread Mixed Vegetable Fruit, Milk <u>Snack</u> Sunbutter Wrap <u>Snack</u> Raisin Bread & Cheese | <u>Breakfast</u> Cereal & English Muffin Fruit Milk <u>Lunch</u> Popcorn Chicken Green Beans Fruit, Milk <u>Snack</u> Tortillas and Avocado <u>Snack</u> Donut Holes & Yogurt | <u>Breakfast</u> Apple Frudel Fruit Milk <u>Lunch</u> Turkey Bacon Club Broccoli Fruit, Milk |
| 27 | 28 | 29 | 30 | 31 |
| <u>Breakfast</u> Cinni Mini Fruit Milk <u>Lunch</u> BBQ Chicken Corn Fruit, Milk <u>Snack</u> RK Treat & Fruit <u>Snack</u> Corn Muffin & Cottage Chz | <u>Breakfast</u> Cereal & English Muffin Fruit Milk <u>Lunch</u> Pizza Sticks/Marinara Peas Fruit, Milk <u>Snack</u> Turkey Sandwich <u>Snack</u> Pudding & Fruit | <u>Breakfast</u> Mini Frnch Toast Fruit Milk <u>Lunch</u> Rst Chicken/Gravy Mashed Potato, Roll Fruit, Milk <u>Snack</u> Soft Pretzel & Cheese <u>Snack</u> Fig Newton & Sherbet | <u>Breakfast</u> Cereal & Toast Fruit Milk <u>Lunch</u> Popcorn Chicken Oven Fries Fruit, Milk <u>Snack</u> Flatbread & Tzatziki <u>Snack</u> Fruit & Cheese | <u>Breakfast</u> Mini Waffles Fruit Milk <u>Lunch</u> Spaghetti & Meatballs Roasted Broccoli Fruit, Milk |