

Tiny Rams January, 2022

1/3	1/4	1/5	1/6	1/7
<u>Breakfast</u> Cook's Choice Fruit Milk <u>Lunch</u> Cook's Choice Fruit, Milk <u>Snack</u> V. Wafers, Cot Cheese <u>Snack</u> Sunbutter Sandwich	<u>Breakfast</u> Cook's Choice Fruit Milk <u>Lunch</u> Cook's Choice Fruit, Milk <u>Snack</u> Sherbet, Dried Fruit <u>Snack</u> Turkey Ham, String Cheese	<u>Breakfast</u> Cherry Frudel Fruit Milk <u>Lunch</u> Crispy Chicken Sandwich Green Beans Fruit, Milk <u>Snack</u> Pretzels, Fruit <u>Snack</u> Cereal, Yogurt	<u>Breakfast</u> Cereal & String Cheese Fruit Milk <u>Lunch</u> Rst Turkey/D. Roll Mashed Potato/Gravy Fruit, Milk <u>Snack</u> Grahams & Cheese <u>Snack</u> Choc Chip Loaf, Juice	<u>Breakfast</u> Cook's Choice Fruit Milk <u>Lunch</u> Meatball Sub Corn Fruit, Milk
1/10	1/11	1/12	1/13	1/14
<u>Breakfast</u> Apple Frudel Fruit Milk <u>Lunch</u> Hamburger Refried Beans/Cheese Fruit, Milk <u>Snack</u> HB Egg, Cereal Bar <u>Snack</u> Turkey & Crackers	<u>Breakfast</u> Cereal & Animal Cookie Fruit Milk <u>Lunch</u> Beefy Macaroni Celery/Ranch Fruit, Milk <u>Snack</u> Dried Fruit, Chips <u>Snack</u> Cheese Sandwich	<u>Breakfast</u> Mini Bagels Fruit Milk <u>Lunch</u> Pepperoni Pizza Lettuce Salad Fruit, Milk <u>Snack</u> Grahams and Fruit <u>Snack</u> Sunbutter Wrap	<u>Breakfast</u> Cereal & Grahams Fruit Milk <u>Lunch</u> Popcorn Chicken Broccoli/Chz Sauce Fruit, Milk <u>Snack</u> Cookie and Juice <u>Snack</u> Goldfish, String Cheese	<u>Breakfast</u> Muffin & Yogurt Fruit Milk <u>Lunch</u> Chicken LoMein Fruit, Milk
1/17	1/18	1/19	1/20	1/21
<u>Breakfast</u> Cook's Choice Fruit Milk <u>Lunch</u> Cook's Choice Fruit, Milk <u>Snack</u> Fruit, Krispy Treat <u>Snack</u> Mini Bagel, Crm Cheese	<u>Breakfast</u> Cereal & String Cheese Fruit Milk <u>Lunch</u> Beef Tacos Salsa, Shredded Lettuce Fruit, Milk <u>Snack</u> Cookie and Juice <u>Snack</u> Carrots&Dip, Crackers	<u>Breakfast</u> Cherry Frudel Fruit Milk <u>Lunch</u> Pizza Sticks Green Beans Fruit, Milk <u>Snack</u> Granola and Dried Fruit <u>Snack</u> Ham and Crackers	<u>Breakfast</u> Cereal & Grahams Fruit Milk <u>Lunch</u> BBQ Rib Sandwich Carrots Fruit, Milk <u>Snack</u> Apple Loaf, Yogurt <u>Snack</u> Vanilla Wafer, Fruit	<u>Breakfast</u> Cocoa Puff Pastry Fruit Milk <u>Lunch</u> Cheeseburger Oven Fries Fruit, Milk
1/24	1/25	1/26	1/27	1/28
<u>Breakfast</u> Breakfast Cookie Fruit Milk <u>Lunch</u> Popcorn Chicken Roasted Chickpeas Fruit, Milk <u>Snack</u> Chips and Salsa <u>Snack</u> Pretzels and Dried Fruit	<u>Breakfast</u> Cereal & Yogurt Fruit Milk <u>Lunch</u> Shepherds Pie Dinner Roll Fruit, Milk <u>Snack</u> Turkey Ham Wrap <u>Snack</u> Apple & Sunbutter	<u>Breakfast</u> Muffin & Yogurt Fruit Milk <u>Lunch</u> Grilled Cheese Mixed Veggie Fruit, Milk <u>Snack</u> HB Egg, Juice <u>Snack</u> Strawberry Pop Tart, Cheese	<u>Breakfast</u> Cereal & String Cheese Fruit Milk <u>Lunch</u> Pizza Mac & Cheese Broccoli Fruit, Milk <u>Snack</u> Cheezits, Ham <u>Snack</u> Grahams & Yogurt	<u>Breakfast</u> Sausage Biscuit Fruit Milk <u>Lunch</u> Teriyaki Pork & Rice Celery Fruit, Milk
1/31				
<u>Breakfast</u> Apple Frudel Fruit Milk <u>Lunch</u> Spaghetti & Meatballs Broccoli Fruit, Milk <u>Snack</u> V. Wafers, Cot Cheese <u>Snack</u> Sunbutter Sandwich				